

# Initiate a new movement within you

Four inspiring 4-day cello retreats for  
advanced students and  
young professionals.

- Daily individual Masterclasses & ensemble sessions
- Small groups – personal guidance
- Historically informed & contemporary repertoire

- **Learn how to study with focus** – independently and effectively
- **Get to know your instrument** – technically and intuitively, so that it becomes a part of you in every way
- **Deepen your understanding of the music** – explore what it has to say and what it demands
- **Nourish your inspiration** – become aware of your inner and physical movements, and its impact on your playing
- **Learn about the richness of self-compassion** – and how it can be helpful even in demanding situations



# Monasteries

PROGRAM  
2025 - 2026



## Program 2025/2026

|             |                       |
|-------------|-----------------------|
| Monastery 1 | 16 – 19 October 2025  |
| Monastery 2 | 8 – 11 January 2026   |
| Monastery 3 | 19 – 22 February 2026 |
| Monastery 4 | 28 April – 1 May 2026 |

Apply anytime up to 4 weeks before the start. If you're a bit late, just reach out—we'd love to connect!

## MONASTERY YEARLINE

Attend the entire series: 3 or 4 Monasteries

- Extra depth to your technique, insight, and inspiration throughout the year, alongside your conservatory studies or project.
- Between sessions, we offer online support, focusing on technical exercises, motivation, and inspiration.

## INDIVIDUAL MONASTERIES

When available, we gladly offer you a spot



## Teachers

Jeroen den Herder – cello  
Viola de Hoog – baroque cello  
Joachim Eijlander – cello  
Siebe Henstra – harpsichord  
Hua-Hsuan Lee – piano





## Practical notes

### Who is it for?

- Advanced Bachelor, Master and Post-Master cellists seeking artistic growth
- Max. 8 participants per Monastery

### Contribution

- € 400 1 Monastery
  - € 700 2 Monasteries
  - € 1.000 3 Monasteries
  - € 1.200 4 Monasteries
- Including VAT, all classes, accommodation, and meals. Scholarships may be available in some cases. Please contact us for details.

### Repertoire

- play repertoire of your own choice with piano and/or harpsichord (Monastery #2 and 4)
- we provide repertoire that aligns with the theme

### Your stay

- we host you with families near the academy
- we provide all your meals

### The academy

- we meet, practice, have lunch and diner in Dat Bolwerck Zaadmarkt 12 in Zutphen (NL): a mixture of charming medieval times and modern art, in the heart of the old town

## Interested?

We would be happy if you join us!

- ask any questions via [academy@cellowerckenzutphen.nl](mailto:academy@cellowerckenzutphen.nl)
- our website gives you some more details

[Details & sign in →](#)

[www.cellowerckenzutphen.nl/monasteries](http://www.cellowerckenzutphen.nl/monasteries)







We look forward to welcoming you!

