

# 1st International Resonating Body Online Competition for Flutists 2025

Application form – Deadline: 15 February 2026

## Personal information

First Name \_\_\_\_\_

Last name \_\_\_\_\_

Nationality \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Phone number \_\_\_\_\_

Parent/Guardian name (for participants under 18) \_\_\_\_\_

## Artistic Information

Competition Category

- ☐ Young Artists
- ☐ Young Professionals
- ☐ Amateur
- ☐ Creative Choice

### *Piece One*

Title \_\_\_\_\_

Composer \_\_\_\_\_

### *Piece Two*

Title \_\_\_\_\_

Composer \_\_\_\_\_

Current teacher \_\_\_\_\_

- ☐ ***I have read and accept the Terms & Conditions, Rules & Regulations, and Privacy Policy of the Resonating Body Competition.***
- ☐ ***I consent that my personal data (videos, photos, contact information) will be used solely for the purpose of organizing and evaluating the Resonating Body Competition.***
- ☐ ***I agree to receive newsletters and offers from the Resonating Body Academy. I can withdraw this consent at any time.***

Date

Signature

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# 1st International Resonating Body Online Competition for Flutists 2025

✦ *Are you ready to discover your true resonance?* ✦

The **1st International Resonating Body Online Competition** is not about perfection or virtuosity – it's about connection. We are looking for musicians who play with freedom, presence, and authenticity – where body, mind, and sound come together in harmony.

The competition is open to flutists of all nationalities and ages.

## Categories

- **Young Artists** (14–17 years)
- **Young Professionals** (18–25 years)
- **Amateur** (18+ years)
- **Creative Choice** (open category – improvisation, crossover, unusual repertoire)
  - Improvisations (solo or with playback)
  - Crossover projects (jazz, pop, folk, world music, electronic, experimental)
  - Unusual or rarely performed repertoire
  - Multidisciplinary performances (e.g., flute with dance, spoken word, or visuals)

## What We Are Looking For

- **Resonance & Sound Quality** – an open, free, and vibrant tone.
- **Body Integration** – visible balance, ease, and flow in your playing.
- **Artistic Authenticity** – your personal voice, your unique expression.
- **Breath & Energy Flow** – natural ease and freedom in breathing and phrasing.
- **Musicality** – natural phrasing & authentic characterization
- **Presence & Impact** – how you share your resonance with others.

## Evaluation Process

The audition will be evaluated based on video materials submitted by each participant. The judging panel will score the video material, and the final results will be determined solely based on these videos.

## How To Participate

1. Record a video (5–10 minutes) with **two different pieces of your own choice**. These will be valid for both the preliminary and final round. The video must be unedited.
2. Record a short video (2 minutes) introducing yourself, sharing your motivation, and explaining why you chose your two pieces.
3. Upload both videos unlisted to YouTube and include the links in your application.
4. Submit your completed application form to **info@resonatingbodyacademy.de**, including:
  - Copy of passport
  - Photo
  - Receipt of payment of the application fee
  - Links to your YouTube videos

## Repertoire Requirements

- Classical repertoire (Baroque, Classical, Romantic...)
- Personal arrangements are also accepted

## Timeline

- Application Deadline: 15 February 2026
- Announcement of Finalists: February 2026
- Announcement of the Winners: February 2026

The winners will be chosen exclusively based on the submitted videos.

## Prizes

*All participants receive an invitation to an online workshop about the Resonating Body Method (value €150).*

### Young Artists (14–17 years)

- **1st Prize** – 1 individual Resonating Body Coaching session\*+ partial scholarship for a 2026 Resonating Body Masterclass + Instagram feature + certificate
- **2nd Prize** – 2 Resonating Body Coaching session\* + Instagram feature + certificate
- **3rd Prize** – 1 Resonating Body Coaching session\* + Instagram feature + certificate

### Young Professionals (18–25 years)

- **1st Prize** – 1 individual Resonating Body Coaching session\* + partial scholarship for a 2026 Resonating Body Masterclass + Instagram feature + certificate
- **2nd Prize** – 2 Resonating Body Coaching session\* + Instagram feature + certificate
- **3rd Prize** – 1 Resonating Body Coaching session\* + Instagram feature + certificate

### Amateur (18+ years)

- **1st Prize** – 2 individual Resonating Body Coaching sessions\* + Instagram feature + certificate
- **2nd Prize** – 1 Resonating Body Coaching session\* + Instagram feature + certificate
- **3rd Prize** – 1 Resonating Body Coaching session\* + Instagram feature + certificate

### Creative Choice

- **1st Prize** – 2 individual Resonating Body Coaching sessions\* + Instagram feature + certificate + presentation of the performance on our official website
- **2nd Prize** – 1 Resonating Body Coaching session\* + Instagram feature + certificate
- **3rd Prize** – 1 Resonating Body Coaching session\* + Instagram feature + certificate

## Special Prizes

- **A professional photo shoot with Victor Martini:**
  - Photoshoot in Venice during the masterclass in Venice 2026 (Winners are responsible for obtaining necessary travel/accommodation etc)
- **Interview Feature**
  - Interview Feature – A portrait or interview of one winner will be published on the Resonating Body Academy website and in our newsletter, giving young musicians valuable visibility and reach.
- **Collaboration Opportunity**
  - The chance to perform a duet or chamber music work with Katharina and Christiane Martini, either online or at a Resonating Body Academy event.
- **Social Media Takeover**
  - Winners will have the opportunity to take over the Resonating Body Academy Instagram Stories for one day, sharing their music, practice insights, and artistic journey with our community.
- **3x 90 minutes Yoga for Musicians with Saskia Worf**
  - Winners of this special prize will have the opportunity to experience a personalized *Yoga for Musicians* 1:1 session. In these sessions with *Saskia Worf* (flutist, educator, and certified yoga teacher) musicians can develop strength, flexibility, and body awareness - all tailored to their instrument and daily routine.
- **Additional awards may be granted at the discretion of the Artistic Director.**

\* a personalized session tailored to your body, mindset, sound, and artistic needs.

**Note: All prizes must be redeemed within one year and cannot be exchanged for cash.**

## Application Fee

- **Young Artists: €55**
- **Young Professionals: €75**
- **Amateur: €85**
- **Creative Choice: €85**

### **Payment details:**

**Bank account:** Katharina Martini – Resonating Body Academy -Joinviller Straße 20 – 63303 Dreieich, Germany - DE76 5065 2124 0145 2643 05 – BIC: HELADEF1SLS

### **Our Mission**

Our competition aims to encourage musicians to perform, grow, and discover their authentic resonance. Beyond technical skill, we value artistry, charisma, presence, and resonance. We want to support musicians in building confidence, exploring their personal sound, and sharing it with the world.

### **Rules & Regulations**

1. Incomplete applications or missing fee payments will result in disqualification.
2. Application materials will not be returned. Application fees are non-refundable.
3. The jury's decisions are final and not subject to appeal. Jury scores or comments will not be disclosed.
4. By applying, participants consent that the Resonating Body Academy may share their submitted videos and photos on its own or partner social media channels, website etc.
5. Winners of partial scholarships for 2026 masterclasses are responsible for all additional expenses (rest of the course fee, travel, accommodation, meals, extra activities, etc.).
6. Participants under 18 years of age must provide parental/legal guardian consent and remain under their supervision throughout their participation.
7. The International Resonating Body Competition for Flutists reserves the right to make changes to rules, schedule, or other competition details if necessary.
8. The organizers reserve the right to disqualify any applicant found to be:
  - violating competition rules or policies,
  - tampering with the entry process or submitted materials,
  - acting in an unsportsmanlike, disruptive, or disrespectful manner toward other participants, the jury, or the organizers.

9. The organizers are not responsible for any technical issues, internet problems, or video/audio quality problems during submission or evaluation.
10. Any taxes, customs duties, or additional costs related to the prizes are the sole responsibility of the winners.
11. Prizes are non-transferable, non-exchangeable, and cannot be redeemed for cash. If a prize cannot be redeemed due to travel restrictions, visa issues, or personal reasons, no alternative will be provided. The Resonating Body Academy reserves the right to substitute any prize with one of equal or greater value if necessary.
12. By submitting their application, participants consent that the personal data provided (including passport copy, photo, contact details, and video links) will be collected and processed solely for the purposes of organizing and evaluating the International Resonating Body Competition. The data will not be shared with third parties outside the organization. All data will be stored securely and deleted after the competition has ended, unless legal obligations require longer storage.
13. By applying, participants agree to receive updates and information regarding the Resonating Body Competition via email. If participants also wish to receive regular newsletters and offers from the Resonating Body Academy, they can indicate this consent on the application form. Consent can be withdrawn at any time by unsubscribing.

## Closing Note

This competition is for flutists who want to go beyond technique and discover their authentic resonance and individuality. Join us – and let your sound inspire others!

✦ *A competition that connects body, mind, and music.* ✦

We are looking forward to your video material, enjoy making music!